

Personalize



Revise the S.E.A.T. script on the next page to conform to your own conversational style. Add your own personality to it so that it sounds like *you*.



Practice using your script against various scenarios that you've had to address and coach in the past.

S.E.A.T. Revision



- Stop the Action

- ✓ (“[Name], I’d like to talk with you for a minute ...”)

- Engage the Employee

- ✓ *Praise*: (“I was walking through and noticed you ... thanks for ... good job at ...”)

- ✓ *Goal*: (“As you know, ...”)

- ✓ *Behaviors and consequences*: (“I noticed that you ...”)

- ✓ *Core Values*: (“How would your family be impacted ...?”)

- ✓ *Care and Concern*: (“My commitment to you is ... *But I need your help.*”)

- get Agreement

- ✓ “Will you commit to me never to ...?”

- Thank them

- ✓ “I appreciate your help with that.”
